

Bariatric Follow Up			5 years Recommendations													Evid				
Bariatric Assessment			Time postop													BEL				
			2 W	4 W	6 W	8 W	3 M	6 M	9 M	12 M	18 M	24 M	2½ Y	3 Y	3½ Y	4 Y	4½ Y	5 Y		
Bariatric Assessment	Medical History																			
	Anthropometry																			
	Impedance Measurement																			
	Indirect Calorimetry																			
	ARMBAND SenseWear BAROS/SF36																		in Evaluation	
Nutrition	Nutritional Counselling																		1	
	Nutrition Diary																			
	Activity Diary																			
Radiology	Rx Oesophago-gastric Passage				LAGB					LAGB					LAGB			LAGB	R	
	Ultrasound Abdomen																			
	DEXA										Byp		Byp		Byp		Byp			
Laboratory Testing	Hematology	Hematogramme																		
	Coagulation	INR/Quick																	3	
	Serologic Parameters	Sedimentation Rate																		
		C-reactive Protein																		
		K																		
		Calcium																		
		Magnesium									Byp		Byp		Byp		Byp		Byp	
		Phosphorus									Byp		Byp		Byp		Byp		Byp	
		Iron									Byp		Byp		Byp		Byp		Byp	
		Zinc									Byp		Byp		Byp		Byp		Byp	
		Blood Glucose																		
		HbA1c																		
		Insuline										Byp		Byp		Byp		Byp		
		HOMA										Byp		Byp		Byp		Byp		
		Total Cholesterol																		
		LDL																		
		Triglycerides																		
		Homocystein																		
		Uric Acid																		
		AL/GPT																		
		alc. Phosphatase																		
		Total Bilirubine																		
		Creatinin																		
		Transferrine																		
		Ferritine																		
	Præalbumin																			
	Vitamine A/cis-Retinol										Byp		Byp		Byp		Byp			
	Vitamine E																			
	Vitamine D3/25-OH-Dicalc.																			
	Vitamine B1																			
	Vitamine B2																			
	Vitamine B6																			
	Vitamine B12																			
Holotranscobalamine																				
Folic Acid in Erythrocytes																				
TT3																				
TSH basal																		4		
Parathormone																		4		
Oestradiol																				
tot Testosterone																				
Urine	Status																			
	Urea																			
	Creatinine																			
	Calcium										Byp		Byp		Byp		Byp			
	Oxalic Acid										Byp		Byp		Byp		Byp			
Stool	C-Telopeptide										Byp		Byp		Byp		Byp			
	Fat in Stool										Byp		Byp		Byp		Byp			
Counselling & Treatment	Contraception																	2		
	DVT-Prophylaxis																			
	PPI-Prophylaxis																			
	Increased Daily Activity																			
	Body Building/Fitness																			
	Polyvitamins, Trace Elements													Byp	Byp	Byp	Byp	Byp		
	Vit D suppl 1200-1600 IU/day													Byp	Byp	Byp	Byp	Byp		
	Calcium-Suppl 1-2 g/day													Byp	Byp	Byp	Byp	Byp		
	Protein Consumption 1g/kg day																			
	Fat Restriction 70g/day																			