

SMOB NEWSLETTER 03 - 2025

Swiss Society of Multidisciplinary Obesity – Newsletter of September 2025

Dear Members

We are happy to share with you the third newsletter of 2025, with important updates and announcements from across our society. Here's a quick look at what's new:

Board and Administrative Updates & New Member News

- **GastroMag: SMOB Official Magazine Partner**

We're pleased to announce **GastroMag** as SMOB's official magazine partner, supporting our ongoing initiatives and communications. We are confident that this collaboration will enhance our visibility and highlight the importance of our multiprofessional society, our expertise, and our contributions to the field of obesity.

This partnership is **free of charge** and **non-exclusive**, allowing us to remain open to further media collaborations in the future. If you have any suggestions or contacts for potential press partnerships, please don't hesitate to reach out—we're always happy to consider new opportunities to share our mission more widely.

- **Welcome to 8 New Members!**

Since the last newsletter, we gained another 8 new members to SMOB! Welcome to our new colleagues, we are thrilled to have you! We look forward to their contributions and the opportunity to further strengthen our multidisciplinary approach.

Dr. Tomislav Simic	Dr. Meret Appel	Dr. Stefan Schlosser
Dr. Patrick Holzer	Dr. Luca Cambioli	Dr. Nathalie Scherz
Dr. Lama Al-Issa	Dr. Kathleen Keilwerth	

- **Know Someone Who Should Be Part of SMOB?**

We also encourage you to help grow our community by inviting colleagues who might benefit from being part of this dynamic network. If you know someone who could be interested in joining SMOB, please share the word! Welcoming new members is key to keeping our society strong and growing — your support makes a real difference. Invite them to join us: www.smob.ch/en/come-a-member/

Many Thanks to our Gold Sponsors:

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Education Corner

- **Swiss Obesity Academy – Webinar Series Update**

Since the last newsletter in June, two exceptionally engaging and successful webinars have taken place, featuring lively and insightful discussions. The first session, titled **"Obesity in Children and Adolescents"** was held on 26 June, while the second, **"Obesity in older (65+) Patients"**, took place more recently on 28 August. These sessions showcased a generational spectrum and included a wide range of expert presentations.

"Obesity in Children and Adolescents"

- **Sarah Stidwill**, BSc Dietician (SVDE) & BSc Applied Psychology - Balancing scales and reality: Obesity in children and adolescents – insights from club minu
- **Dr. med. Kathrin Heldt**, Fachärztin für Kinder- und Jugendmedizin, Päd. Endokrinologie/Diabetologie – **Monogenic obesity - phenotype, diagnosis and therapy**
- **Prof. MD, PhD Torsten Olbers** - Outlook Bariatric Metabolic Surgery in Adolescents: current knowledge and future

"Obesity in older (65+) Patients"

- **Karin Blum**, BSc Dietician (SVDE) - Obesity in Older Adults: Balancing Benefits and Risks of Weight Loss
- **Dr. med. Styliani Mantziari**, Upper GI and Bariatric Surgery, Metabolic Bariatric Surgery in Older Patients

The webinars offered a rich, multidisciplinary perspective and was very well received by all participants. In the most recent session, we also introduced a new format that included an interactive survey to engage the audience and gather their opinions on the proposed topics.

- **Looking Ahead: Webinar on Dealing with Gallbladder Stones on 16 October**

Don't miss our next webinar! It is scheduled for **16 October** and will focus on **"How to deal with gallbladder stones?"**. Register by scanning the QR-code to the right.



- **Certificates for Webinar Participation**

Please note: Participants who register and attend the webinar live will receive a certificate of attendance, which will be sent a few days after the event. To view upcoming topics and dates, visit our website for the latest updates: www.smob.ch/en/events.

- **Heads-Up: SMOB Annual Meeting and Assembly on 14 November 2025**

Just a couple of months to go until our **SMOB Annual Assembly**, taking place on **14 November 2025 at the KKL Lucerne!**

We hope you've already marked the date in your calendar and, like us, are looking forward to a day filled with **insightful lectures** and **valuable multiprofessional exchange**.



We're pleased to share some important information regarding registration:

Academic

- **SMOB members (full day):** CHF 100 with advance registration (CHF 150 on-site)
- **Non-members (full day):** CHF 200 with advance registration (CHF 250 on-site)

Non-Academic

- **SMOB members (full day):** CHF 50 with advance registration (CHF 100 on-site)
- **Non-members (full day):** CHF 100 with advance registration (CHF 150 on-site)

Registration for the [annual meeting](#) will open via the official event homepage in **mid to late September 2025**. As soon as registration is available, we will notify all members through a separate mailing.

We are also especially looking forward to welcoming many of you to the **Annual Meeting Dinner on Thursday evening** – a wonderful opportunity for informal exchange, networking, and re-connecting in a relaxed setting. **Don't forget to register for the dinner when signing up for the Annual Meeting!**

Here you can take a look at the [program](#), as this year's assembly will once again be held in collaboration with the **SGED Annual Meeting** – an exciting opportunity to broaden perspectives and strengthen interdisciplinary collaboration.

We're thrilled to welcome you to this year's event in a **new, central, and outstanding venue**, and we look forward to an inspiring day together.

Sponsorship & Partnerships

• Sponsoring for the Annual Meeting

We're actively working on securing sponsors for this year's annual meeting. These partnerships are essential to support the quality and reach of our event, and we're pleased with the interest shown so far.

If you have suggestions for potential sponsors or would like to support this effort, feel free to reach out to us.

• Thank You, Gold Sponsors!

At this point, we also would like to express our sincere thanks to all our sponsors for their valuable support – and a special thank you goes to our Gold Annual Sponsoring Johnson & Johnson and Lilly for their outstanding commitment

We look forward to continuing our collaborative work with all of you and achieving continued success. If you have any questions or suggestions, please don't hesitate to reach out.

Warm regards

Marco Bueter
President

Laura Vaccarino and Bernd Schultes
Responsible for internal communication



Next webinar



LinkedIn