

SMOB NEWSLETTER 04 - 2025

Swiss Society of Multidisciplinary Obesity – Newsletter of December 2025

Dear Members

We are happy to share with you the fourth newsletter of 2025, with important updates and announcements from across our society. Here's a quick look at what's new:

Board and Administrative Updates & New Member News

- **Election of the President and Vice-President**

We are delighted to announce the unanimous election of Prof. Dr. Bernd Schultess as the new President and PD Dr. Styliani Mantziari as the new Vice-President. We wish both of them an excellent start in their new roles. We would also like to express our sincere gratitude to Prof. Dr. M. Bueter for his outstanding leadership and excellent work over the past four years as President. We are grateful that he will continue to support the organization as a SMOB member.

- **Election of Board Members**

We are honored to officially welcome two important new members to the Board, elected unanimously: Dr. med. Patrick Pasi (Psychiatrist) and Dr. med. David Katzenfuss (General Practitioner). Their expertise further strengthens the multiprofessional nature of our Board and our society.

- **GastroMag our new magazine Partner**

As already announced in our previous newsletter, *GastroMag* is the official (non-exclusive) magazine partner of our society. This partnership enables us to provide our members with high-quality, up-to-date content covering key developments, expert perspectives, and innovations within our field.

All SMOB members will automatically receive the *GastroMag* magazine free of charge via e-mail, ensuring easy and direct access to valuable professional insights.

If you prefer not to receive the magazine, you may opt out at any time using one of the following options:

1. Unsubscribe using the link provided in the first issue.
2. Contact GastroMag directly by e-mail to request removal from the distribution list.

We are convinced that this collaboration will significantly increase the visibility of our society.

Many Thanks to our Gold Sponsors:

Johnson & Johnson

Johnson & Johnson

Lilly



- **Welcome to 25 New Members!**

Since the last newsletter, we gained another 25 new members to SMOB! Welcome to our new colleagues, we are thrilled to have you! We look forward to their contributions and the opportunity to further strengthen our multidisciplinary approach.

Nadine Biedermann-Schärer	Dr. Maximilian Jahns	Dr. Hans Suter
Carmen Gasser	Dr. Davide Lanza	Ebru Kablan
Dr. Lukas Furrer Gornickel	Valentine Vincendeau Ep Oliveux	Sandra Martiz Aguilar
Dr. Reiner Wiest	Sébastien Weil	Aubry Yoann
Dr. Marie-Luce Guillermin Spahr	Dr. Angelika Alfes	Norina Casutt
Anne Chalut	Nathalie Bez	Dr. Mathias Schmid
Dr. Lukas Burget	Isabelle Azizi	Dr. Guillaume Giudicelli
Catharina Helfenstein	Dr. Christof Clanget	Prokopios Chaidis
Dr. Barbara Dehos		

- **Know Someone Who Should Be Part of SMOB?**

We also encourage you to help grow our community by inviting colleagues who might benefit from being part of this dynamic network. If you know someone who could be interested in joining SMOB, please share the word! Welcoming new members is key to keeping our society strong and growing – your support makes a real difference. Invite them to join us: www.smob.ch/en/become-a-member/

Education Corner

- **2025 SMOB Annual Meeting – A Successful Day of Collaboration**

A Day of Learning and Exchange

On 14 November, our annual SMOB Meeting brought together professionals from across disciplines for engaging lectures, dynamic debates, and multiprofessional discussions. The central venue attracted a large audience and provided the perfect setting for informal exchanges with colleagues, experts, and industry representatives.

Our Gratitude

We sincerely thank all speakers, session chairs, and participants for their contributions, which made this meeting a great success and showcased the strength and vibrancy of our society.

We Value Your Feedback

To help us improve future meetings, we invite all participants to complete a short survey and share their insights: <https://forms.gle/uuAjEQ3KkXxmKz6E7>

Your input is invaluable in making upcoming events even more informative and engaging.



- **Swiss Obesity Academy - Webinar Series Update**

Our final webinar of 2025 addresses a highly relevant topic in the field of obesity. We were honored to welcome outstanding national and international speakers who generously shared their valuable expertise and experience with us.

"How to deal with gallbladder stones in bariatric patients?"

- Prof. Dr med. Bernd Schultes Endocrinologist - Gallbladder stones under GLP-1 receptor agonist therapy - Stoffwechselzentrum St. Gallen, friendlyDocs Ltd., St. Gallen.
- Prof. Robert Caiazzo, MD, PhD, Bariatric and Endocrine Surgeon - Gallbladder stone disease in bariatric surgery patients - Lille University Hospital, France
- Domenico Galasso, MD Interventional Gastroenterologist - Endoscopic treatment of gallbladder stones following RYGB - Riviera Chablais Hospital and Lausanne University Hospital (CHUV)

Certificates for webinar participation:

Please note: Participants who register and attend the webinar live will receive a certificate of attendance, which will be sent a few days after the event.

Our webinar series delivered a rich, multidisciplinary perspective and was exceptionally well received by participants. **We are delighted to announce that the series will continue in 2026**, featuring an outstanding program designed to inspire, educate, and support professionals across all disciplines.

Save the date for the upcoming webinars in 2026!

15 January 2026	Obesity prevention and treatment in the community
26 March 2026	Long-term (>10year) outcomes of metabolic bariatric surgery
28 May 2026	Sarcopenia and obesity
27 August 2026	Eating disorders and obesity treatment
29 October 2026	Metabolic Associated Liver disease

When the registration starts, you can register on our homepage: www.smob.ch/en/events

We will inform you via newsletter as soon as the registration is open.



Sponsorship & Partnerships

- **Thank you to all our sponsors for the Annual Meeting**

We would like to express our sincere gratitude to all our sponsors of this year's Annual Meeting (J&J, Lilly, NovoNordisk, Böhringer-Ingelheim, Boston Scientific, Seca, Celebrate, Plus Medica, fitforme, Medtronic, Olympus) for their valuable support. Your contribution plays a vital role in enabling us to deliver a high-quality and impactful event.

A special thank you goes to our **Gold Annual Sponsors, Johnson & Johnson and Lilly**, for their outstanding commitment and continued dedication to advancing our shared mission.

Johnson & Johnson

Lilly



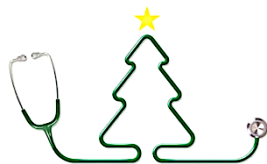
**Boston
Scientific**



fitforme

Medtronic

OLYMPUS



We would like to take this opportunity to thank you for your trust, cooperation and support, and to wish you, your team and your family a Merry Christmas and a Happy New Year. Enjoy your Christmas's holidays.

We look forward to continuing our collaborative work with all of you and achieving continued success. If you have any questions or suggestions, please don't hesitate to reach out.

Warm regards

Bernd Schultes
President

Laura Vaccarino
Responsible for internal communication

